

# BOD #1

## Board Of Directors

### AGENDA

**Purpose:** Learn to discuss your finances and the systems within your financial quadrant without judgment and criticism. By vacuuming out negative emotion and replacing it with gratitude and love, an oneness of focus and energy surfaces and grows. (Assign historian duties and record the responses to each line item for your Legacy file. See #7)

1. Find a quiet place that allows for a focused discussion.
2. Start with a **Positive Focus**
  - a. Talk about an achievement or accomplishment made in the last month for which you are satisfied in one of the quadrants.
3. **Gratitude Focus**
  - a. Tell your spouse/partner/family member about one area in any quadrant for which you are grateful for them.
  - b. Remember the 'Box Factor', as long as you view the other person as a person and from a point of gratitude, you don't have the ability to criticize.
4. **Open Wealth Tracker Account**
  - a. Read Tutorial
  - b. Enter as much data as possible
5. **Organizational Chart**
  - a. Define the roles within your small business (family)
  - b. (see Organizational Chart page after BOD)
6. Each of you shares the **Greatest Insight** from the evening and writes it down.
7. Set up a **BOD file** for all of your records. (This is your Legacy!)

## BOD #2

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3. **Gratitude Focus**
  - b. Tell your spouse/partner/family member about one area in any quadrant for which you are grateful for them.
  - c. Remember the ‘Box Factor’, as long as you view the other person as a person and from a point of gratitude, you don’t have the ability to criticize.
4. Review your **Commander’s Intent**
  - d. Discuss each of your Three (3) Visions and verify they are still applicable
  - e. If not revise the visions.
  - f. Review your Dangers – still applicable? (Revise)
  - g. Review your Solutions – still applicable? (Revise)
  - h. Review your Strengths – still applicable? (Revise)
5. Take out the ‘**Can We Talk**’ questionnaire and answer/review them together *or do a Strategy Focus!* (This answers the question: What happens if you both live a long a happy life?)
  - a. Write the answers down and discuss them.
6. Each of you shares the **Greatest Insight** from the evening and writes it down.
7. Record **BOD**.

## *'Can We Talk?'*

1. “Do we really want to retire and if so, when?”
2. “What is our vision of Retirement – and do we share the same vision?”
3. What’s our strategy for receiving sufficient ‘active’ and ‘passive’ income during our retirement years to cover all living expenses?
4. “What assets do we have for retirement – and are they positioned in the most beneficial ways to achieve our goals?”
5. “How much money will we need to support our lifestyle in retirement?”
6. “Do we have an estate plan – and where is it?”
7. How will we pass our Financial Blueprint to our children? (A Financial Blueprint is how you understand money. Your relationship with money. The systems you employ to control money and make it work for you!) “What will our legacy be?”
8. What happens if within the next 5 years one of you passes away? What is the strategy for debt, bills, raising the children etc.?
9. “What kind of relationships – personal and financial – do we want to have with our children and parents in later life?”

# BOD #3

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3. **Gratitude Focus**
  - b. Tell your spouse/partner/family member about one area in any quadrant for which you are grateful for them.
  - c. Remember the 'Box Factor', as long as you view the other person as a person and from a point of gratitude, you don't have the ability to criticize.
4. Review your **Commander's Intent**
  - d. Discuss each of your Three (3) Visions and verify they are still applicable
  - e. If not revise the visions.
  - f. Review your Dangers – still applicable? (Revise)
  - g. Review your Strategies – still applicable? (Revise)
  - h. Review your Strengths – still applicable? (Revise)
5. Discuss **Family Systems and Civic Systems**
6. Discuss **Homework assignments from Coach**
  - a. Strategy Focus
7. Each of you shares the **Greatest Insight** from the evening and writes it down.
8. Record **BOD**.

*This agenda serves as a template for all further BODs. Step 6 is the only variable. You will typically use Strategy Focus for Step 5.*

# BOD #4

## Board Of Directors

### AGENDA

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1. Find a quiet place that allows for a focused discussion.
2. Start with a **Positive Focus**
  - a. Talk about an achievement or accomplishment made in the last month for which you are satisfied in one of the quadrants.
3. **Gratitude Focus**
  - a. Tell your spouse/partner/family member about one area in any quadrant for which you are grateful for them.
  - b. Remember the 'Box Factor', as long as you view the other person as a person and from a point of gratitude, you don't have the ability to criticize.
4. Review your **Commander's Intent**
  - a. Discuss each of your Three (3) Visions and verify they are still applicable
  - b. If not revise the visions.
  - c. Review your Dangers – still applicable? (Revise)
  - d. Review your Solutions – still applicable? (Revise)
  - e. Review your Strengths – still applicable? (Revise)
5. Discuss **Family Systems and Civic Systems**
6. Answer the following **Question**:
  - a. What happens if you die?
  - b. Be very articulate on how the life insurance money will be spent. What debts will be paid off. How the children will be addressed.
  - c. What happens to the mortgage or the house etc.
7. Write the answers down and discuss them.
8. Each of you shares the **Greatest Insight** from the evening and writes it down.
9. Record **BOD**.